



# Bay to Sound Neighbors Covid & Flu Policy

Revised: June 5, 2023

Bay to Sound Neighbors' top priority is the safety of our members and volunteers in all interactions. Our guidelines are based on recommendations from the [Centers for Disease Control and Prevention \(CDC\)](#) and [Massachusetts Department of Public Health](#).

## Recommendations

- Given that Bay to Sound Neighbors works with an older and at-risk population, it is recommended that members and volunteers be vaccinated annually for Covid and the flu.
- Mask-wearing is optional for all Bay to Sound Neighbors activities and in-person services. If a member or volunteer requests a mask be worn, both parties will honor that request.

## If you have symptoms of or test positive for Covid or flu

If you present with symptoms and/or have tested positive for COVID, *and* you have been in contact with a Bay to Sound member or volunteer within 10 days of the onset of your COVID symptoms, **please contact us at 508-470-0585**. We will then contact the Bay to Sound members or volunteers you came in contact with in the 10 days prior to your becoming symptomatic to let them know to take precautions. [Check the CDC website](#) for the latest information.