

BAY TO SOUND NEIGHBORS



The Villager Newsletter | November/December 2023 | Volume 5 Issue 5



FROM THE PRESIDENT

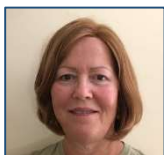
Welcome to the many new members and volunteers who have joined Bay to Sound Neighbors these past few

months. We know that you will enjoy the neighbor-to-neighbor services that we offer and the new friends you will get to know. It is so gratifying to receive comments like this one from a Yarmouth Port resident; "Please know how grateful I am for such wonderful volunteers".

Soon, you will receive a flyer in the mail about small group "coffee klatches" that we will be offering to our members. It is an opportunity to get out and enjoy conversation over coffee/tea/pastry once a month with 4-5 other members and a few volunteer drivers. More details in this edition.

We also encourage you to take a look at the list of activities offered at our local senior/community centers and libraries. Engaging with others is vital to our health and we are so fortunate to live on the Cape where there are so many opportunities to enrich our daily lives.

Happy holidays to all!



Carol Donohue
President



Welcome New Volunteers!

Bay to Sound welcomes the newest volunteers. We are thankful for your efforts to help your neighbors in Yarmouth and Dennis at a time in their lives when it matters most.

Joan Austin
Joyce Jenks
Sally Tarbell

Christa Edlund
Marsha Niederman

B2SN TO OFFER COFFEE KLATCHES TO MEMBERS



Pictured from left to right: Lorraine Coyne, Anita Gonsalves, and volunteers Mary Hatch and Kim Evans.

Last winter, Bay to Sound Neighbors piloted coffee klatches with two groups of eight members and volunteers. These same groups met for four months,

once a month, for about an hour at a local coffee shop. The response from the participation was overwhelmingly positive, with many stating that the klatches made them feel part of a community.

Based on the favorable feedback, the B2SN Board has decided to offer participation in the klatches to all members in the coming year.

“After attending last year’s coffee klatch, I am looking forward to being there again this winter. Sitting in a warm restaurant on a gray winter day with Bay to Sound Neighbors, drinking coffee and enjoying lively conversation and laughter was a bright spot in my day. Hope you’ll join us”, says Theresa Perry.

Participation will include rides for members from our volunteers both to and from the klatches. Look for additional details on the klatches and how you can participate in the holiday cards that will be sent out soon.

VOLUNTEERS NEEDED!

A major factor behind the success of Bay to Sound Neighbors is the incredible number of great volunteers that give of their valuable time every day to serve the senior community. Without their efforts, Bay to Sound would simply cease to exist.



We currently need a few volunteers to help us with operational aspects of the organization. Volunteer opportunities include membership interviewers, website support, social committee members, and individuals willing to help with outreach efforts that are needed to promote membership and volunteering for Bay to Sound in the Yarmouth/Dennis communities.

If you or someone you know is interested, please call us at 508-470-0585 or visit our website:

www.baytosoundneighbors.org and click on the “Volunteer” section of the site to learn more.

VOLUNTEER SPOTLIGHT: Ellen & Bill Murdock

Why we volunteer for Bay to Sound

Ellen and Bill Murdock lived in Littleton, Massachusetts before moving to West Yarmouth, an inherited fixer upper near Sea Gull Beach. Both the natural beauty and the variety of activities and friends led to their decision to become full time residents in 2009. In 2013, they moved to their current home in South Yarmouth.

Ellen became an RN and worked in pediatrics after training at Boston Children's Hospital. Bill received a master's degree in counseling from Boston College and worked in children and family services including as an intake director. Later he worked in various non-technical mid-management roles in the high-tech industry.



They have two daughters; one is an Occupational Therapist living in North Attleborough and the other is a Physical Therapist living in Brewster. And four grandchildren help to keep Ellen and Bill busy.

As members of Dennis Yarmouth Newcomers, they were introduced to the concept that eventually became B2SN. Ellen worked on the planning committee that produced the groundwork for the B2SN organization and that now provides many needed services to so many fun and interesting people. Ellen and Bill work as a team to provide intake services and home and garden services. They feel that it has been an honor to be part of an organization as it grows and adapts under amazing leadership.

GET THE MOST FROM YOUR SENIOR CENTERS!

If you are not a member of either the Dennis or Yarmouth Senior Centers, you are missing out!

Are you a member of your local senior center? Both centers have great recreational activities such as bridge and cribbage; fun exercise classes; and educational programs. These are great opportunities to meet people, exercise, learn and most of all, have fun.

Call your local center to join and get on their mailing lists.

- The Dennis Senior Center is located at 685 Route 134; South Dennis, MA 02660 and can be reached at: 508-394-8300.



- The Yarmouth Senior Center is located at 528 Forest Road, Yarmouth, MA 02673 and can be reached at 508-394-7606.



to expand respite options for Cape Cod caregivers. Each Destination Respite Program offers families a minimum of three hours of activity, two times each month.



The Dennis Center for Active Living is coordinating implementation of the pilot and is charged with offering services to underserved caregiver populations in the funded service areas.

If you live in Dennis, contact Juliana Benoit at the Dennis Outreach Office 508-694-2004. Yarmouth residents should contact the Yarmouth Senior Center at 508-394-7606 x1335.

Additional information on the program can be found in the November/December “Cranberry Scoop Newsletter” put out by the Dennis Council on Aging and the November/December Yarmouth Senior Services MILESTONES newsletter.

NEW RESPITE PROGRAM OFFERS WELL-DESERVED BREAKS FOR CAREGIVERS

Destination Respite is an initiative spearheaded by a collaborative of various local agencies working together



Answers: 1. Cary Grant 2. The Big Heart 3. Holiday Inn
4. Cleveland, Ohio 5



Bay to Sound Neighbors

The Villager

PO Box 1505

South Dennis, MA 02660

Return Service Requested

Postage
Stamp
Here



Test Your Knowledge of Classic Holiday Movies!

1. Who was the original actor that RKO studios planned to cast as George Bailey?
2. What was the original title for Miracle on 34th Street (the movie was released in Great Britain with this title)?
3. The title song to White Christmas was originally sung by Bing Crosby in what movie?
4. What city was Christmas Story primarily filmed in?

Answers on page 3.

JOIN US!

Bay to Sound Neighbors
PO Box 1505
S. Dennis, MA 02660

Phone: (508)470-0585
Email: baytosoundneighbors@gmail.com
Website: baytosoundneighbors.org

Like us on Facebook!

