

BAY TO SOUND NEIGHBORS



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BE A CONTRIBUTOR!

We are inviting submissions for our newsletter. We invite you to share a topic of interest, a special story, a favorite recipe or perhaps a special talent that you have or even a memory of a special vacation. Don't be shy; send it to us. There are a few rules; stories should be under 500 words, please refrain from controversial topics (politics, religion), and the editor may edit the story for length, content and style.

If this sounds interesting to you, please send your submission to todd.deluca@me.com or mail to Bay to Sound Neighbors, PO Box 1505, S. Dennis, MA 02660. We can't wait to hear from you!



A festive Pilgrim Tower in Provincetown.

PRESIDENT'S LETTER



Now that the holiday season is upon us, it is unlike any we have experienced. For those of us over 65, it is a time to be extra careful, with the hope that a vaccine is in our near future and so are better days. We are being asked to avoid large family gatherings and to stay home and away from our loved ones. What can we do instead? A family Zoom or FaceTime call, reach out to old friends, watch holiday movies or TV shows, or even writing notes to family are all possibilities. I am sure you have your own ideas.

Looking back at this past year, we have had to scale back operations and adapt our service offerings due to the pandemic. Currently, we are able to offer rides for medically necessary appointments until December 24th. As we did after Thanksgiving, we will suspend rides for 2 weeks until January 8. At that time, we will determine whether we can resume medical rides, a decision that will be based on the COVID data on Cape Cod. We will keep you posted.

In the meanwhile, if we can be of service for contactless pick-up/deliveries, tech help or outdoor home & garden light tasks, please call us. Be well and be safe. Happy Holidays and Happy New Year!

Marilyn Nouri

A RED CROSS HERO

Jane Robinson joined Bay to Sound Neighbors early on in its infancy and was part of the group who helped shape the organization. Today, Jane volunteers on the membership team, partnering with volunteer Clare Hipp to interview people interested in becoming members.



Prior to moving to the Cape in 2015, Jane spent 35 years teaching kindergarten in Western Massachusetts missing only one year when she taught in the United Kingdom as a Fulbright Scholar. During much of that time she and her family had a cottage in West Dennis. Inevitably, she and her husband moved to a new home in Dennis as full time residents 4 1/2 years ago. *(Continued on next page)*

FUN CAPE COD TRIVIA

1. What year did the Pilgrims arrive on what is now known as Cape Cod? 2. How many lighthouses are found on Cape Cod? How many are still operational? 3. Codfish are not found on Cape Cod. True or False? 4. How many towns are on Cape Cod? 5. What 3 ingredients make up a Cape Codder? *(Answers on page 2)*



Bass Hole boardwalk in winter.

VOLUNTEER SPOTLIGHT (CONT'D)

After retiring from teaching, Jane found volunteerism a worthwhile activity that served a dual purpose. She believes volunteering replaces the identity and satisfaction that retirees derived from their former career plus it provides valuable impact to the local community.

Jane also volunteers for Disaster Services of the American Red Cross and is going on 13 years helping people affected by disasters. Although most of her work is virtual during the pandemic, she had previously deployed to disaster locations for Hurricanes Irma, Florence and Sandy. Locally she worked in the field to assist residents affected by the tornados in Harwich, Yarmouth, and

Dennis last year. Jane and her colleagues are often the first friendly face victims see as they start to sort out their lives.

Jane also spearheads the area's Pillowcase Project, a program that she brought to the Cape from Western Massachusetts. The Pillowcase Project teaches youth preparedness to 3rd, 4th, and 5th graders. She has presented to over 6,000 students in Western Massachusetts and the Cape.

This past year, Jane was a recipient of the Red Cross Hero Award. The Red Cross says that these awards shine light on selflessness of heart and heroism of character. Jane's contribution to our community here on Cape Cod through both B2SN and the Red Cross is admirable. After 35 years of teaching kindergarten students, her work continues to impact children and those in need.

MEMBERS SHARE THEIR HOLIDAY MEMORIES

There is no time like the holidays to conjure up early memories. Three members shared their favorite holiday memory. It was so pleasurable interviewing these members and hearing them "light up" when relating these memories.

For Lita I, she and her siblings looked forward to the holiday season beginning with Thanksgiving, knowing that their favorite family specialties would be served. Her mother and aunts would begin cooking several days before the holiday. She recalls that her mother was an exceptional cook. Her fondest memory was of the aroma created by French meat pies as well as a spiced French meat spread called "gorton", a traditional dish beloved by the family. Gorton was spread on fresh baked bread and was something they would eat at breakfast or as a snack. She just loved the food, the aroma and being all together with her family.

Stella T grew up in a two-family home and she had three sisters. One vivid memory was of a particular Christmas Eve. She recalls carefully peeking through the door to see if Santa had arrived. Well, she saw him standing by their Christmas tree, but somehow his hat fell off and she saw he was bald! She was so shocked that Santa was bald underneath that cap that she ran to her older sister who very matter of factly told her that their "Papa" was Santa Claus and that was why he was bald. What a way for Stella to find out the real deal!

Contact Us

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Lorraine C grew up in a large, Italian family. Just thinking about the upcoming holidays conjures up thoughts of her favorite tradition on Christmas Eve. Their entire family and a few friends would gather at their house and then proceed to church for midnight mass. Then, back at their house it was all about the food, music and family. She recalls the big trays of nuts, fish, and a huge variety of homemade Italian cookies. She says her mother was a wonderful cook who made it all look easy! They would eat, play Pokeno, and were allowed to open just one gift before it was time to go to bed for an hour or so. Then they would

get up and do it all over again on Christmas day with the entire family!