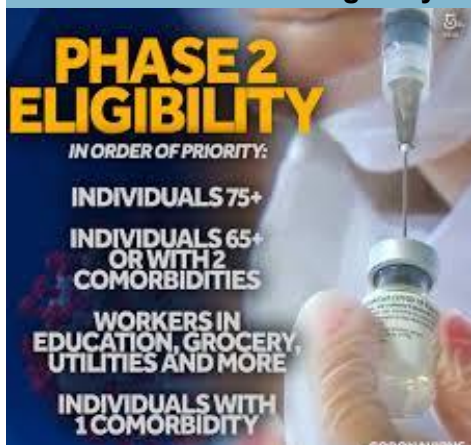


BAY TO SOUND NEIGHBORS



The Villager Newsletter | February 2021 | Volume 3, Issue 1

COVID-19 Vaccine Eligibility



PRESIDENT'S LETTER – COVID-19 VACCINATIONS



February greetings and Happy Valentine's Day! It's hard to believe almost a year has gone by since Covid-19 began disrupting our lives. But finally, vaccines have become available to help us end this pandemic. So, with this letter, I am sharing currently available information with you from state and local resources about how you can register and book an appointment to get the vaccine. Please be aware though, information changes quickly.

You may contact the Barnstable County Helpline with your questions at (774) 330-3001 or go to their website barnstablecountyhealth.org.

Persons who are 75+ years of age are now eligible to receive the vaccine. Many of you are in that group. It is important for you to sign up. If you have access to the internet and a computer, the easiest way to book an appointment to get the vaccine is to go to the website maimmunizations.org. I was able to book an appointment myself this way and I have already received my first shot and an appointment for the second. If you have a way of doing that, great. Please sign up. If not, I would encourage you to work with a family member or friend to do the sign up for you. You will need to provide your name, birth date, and have your health insurance cards available. The vaccine is free to everyone. Right now, not a lot of vaccine is available on the Cape, but, hopefully, that will soon get better. You can also contact Bay to Sound at (508) 470-0585 between 9-12 and 1-4, Monday thru Friday and a service coordinator will help you sign up. Please be aware that if no appointments are available at the time you call, call again at a different day/time.

Alternatively, the state has set up a helpline for citizens 75+ who do not have internet access. **Dial 211 between 8:30am - 5pm, Monday thru Friday and choose "help with scheduling an appointment"**. A live person will answer. You may have to wait a while for someone to come on the line as it is likely to be quite busy.

Finally, some primary care physicians may offer vaccines later in the distribution process. If they do receive vaccine, we are told the office will contact eligible patients directly.

Rides to vaccine clinics are the last hurdle. So far, there is no indication that shots can be given at home. A drive-in vaccination clinic may be the easiest option, so that you can remain in the car. As B2SN volunteers get vaccinated, we hope to be able to provide rides, but most are not yet 75, so they will have to wait for the 65-74 group to be eligible. We are keeping an eye on the COVID infection rate locally, which remains in the red zone. When it improves, we will give careful consideration to restarting rides for members. Stay safe and well.

Marilyn Nouri
Board President



TOWN OF DENNIS FORMS NEW COMMITTEE

Susan Feinberg, a B2SN volunteer, is also a member for the Town of Dennis' new Diversity, Equity and Inclusion Committee. Susan contacted us to promote membership in this new committee wherein there are currently 4 open seats. The committee is looking for Dennis residents to volunteer to serve on this committee.

The opening paragraph of the Committee Charge is as follows:

"The Dennis Diversity, Equity and Inclusion Committee shall promote, embrace, and support the cultural enrichment of Dennis' diverse population as an important element of healthy and vibrant community."

Susan has been a homeowner in Dennis since 2006 and a full-time resident since 2014. Susan was moved to action to join the committee in hopes of helping to create a welcoming environment in Dennis.

If you are interested in joining the committee, please [follow this link](#) and use the drop down to select the Diversity, Equity and Inclusion

MEMBER FOCUS: A SAILOR'S DREAM

Richard and Diane McCarthy are year around residents of Yarmouth Port and members of Bay to Sound Neighbors. Richard is a first generation American and received his BS in Journalism from Boston University and his MBA from Western New England University.

Richard enjoyed a successful career at Avery Dennison where he served as the VP of marketing and was a member of the Board of Directors. Richard took advantage of an early retirement and purchased Patriot Press in Hyannis that he ran for many years. While running Patriot Press, his passion for sailing blossomed.

Through an odd set of circumstances that included the Bronx Zoo, Richard found himself on a flight to Portugal to help a family move their sailboat from Lagos, Portugal to the northeast USA. Richard spent weeks on a 4-hour shift rotation on a boat with 3 men, 2 women and 1 bathroom. Richard's bed was a hammock strung from the ceiling. He recalls a time when the group of sailors wanted to swim in 6,000 feet of water in the middle of the Atlantic. He described the deep purple color of the water and momentary fright of being in the middle of the ocean.

The directions that he received were two stepped; left from Portugal sailing south until you see white puffy clouds and then turn right to the USA. Not wanting to miss an important turn, he recalls many discussions with his crewmates about if or when they spotted a puffy cloud.

After the crossing Richard was sure sailing was for him. He purchased a catamaran from a dealer in Sandusky, Ohio and sailed from Sandusky, Ohio to Cape Cod through the Erie Canal, Hudson River, and Long Island Sound to Lewis Bay.

Richard decided to start a charter sailing company. He enrolled at Mass Maritime where he received his Captain's License enabling him to take paying customers. All he needed were the paying customers. So Richard enrolled at Cape Cod Community College and learned how to build a website. Through his new website, customers were able to find him and book their day cruise.

Business for charters isn't so brisk in the winter so every fall Richard and Diane would sail to Florida. From Cape Cod, they would sail to Chesapeake Bay and then take the intracoastal waterway all the way to Florida. From

there, they would sail from port-to-port meeting friendly southerners and enjoying a warm Florida winter. Richard lost his sight about three years ago but continued to volunteer by playing his guitar at memory care facilities around our area.

Richard remarked, "Good things have happened in my life simply by saying yes."

IN REMEMBRANCE

Members and volunteers we lost in 2020:

Jim Colliton – January 2020
Harvey Dolloff – May 2020
Raylene Studley – June 2020
James Johnson – July 2020
Charles Mannila – September 2020
Evelyn White – October 2020
John Pellegrini – December 2020
Gladys Kearney – December 2020



TRIVIA

Test your knowledge of the 1960's

1. Who was the 1st African-American named Supreme Court Justice in 1967?
2. In 1964, Jack Ruby was convicted of murdering which other accused assassin?
3. What new type of telephone was invented in 1963?
4. Who delivered the famous "I have a dream" speech in 1963?
5. What did the US Postal Service add in 1963 that is part of every address today?

Answers at bottom of last page.

BAKING IS LOVE

By Martie Dumas

"Grandma, did you ever bake like this with your mother?" Nina, my 8-year-old granddaughter, and I had been baking for two days during her April vacation, when she asked that question.

I have been filled with pleasurable delight baking cupcakes and three kinds of cookies with Nina. It's a dream fulfilled for me. And we're having much fun. Yes, we're making a mess here and there. But Nina reminds me that one of her art teachers said, "If you're not making a mess, you're not having fun!" How different from when I was an object to punishment.

But now I think about my mother. Back to the 1950's when mothers stayed home as homemakers. My mother often told me she loved being a mother. She loved us four children. She loved cleaning her big Victorian house. And most of all she loved to bake. She baked pies and the best pie crusts. She made apple, strawberry-rhubarb, mince, lemon-meringue, and blueberry. My father loved the pies, his favorite – apple pie with a slice of cheddar cheese. There were cookies: chocolate chip with and without nuts, molasses cookies, and brownies – again with and without nuts - hermits, gingerbread. It was my father who did not like the nuts, and she baked mostly for him. She baked breads and rolls for him, too. Her specialty was graham rolls, whenever she could buy the graham flour. In the 1950s ingredients were not readily available as today.



I took my mother's love of baking from her. I found it creative and relaxing. I did a lot of baking when my boys were growing up. As soon as my boys could read, I bought brownies in box mixes and taught them how to bake. They enjoyed it at the time. It was a great learning activity for them.

They learned fractions when they used the Pyrex measuring cup, and the measuring spoons, learned how to handle an egg, even if they cried, "ooh" and washed their hands right away after cracking it into the bowl. They didn't always mix the batter thoroughly the first few times, but they learned. The best part for them was licking the spoon, beaters, and bowl, after the batter was spread haphazardly into the pan. With help using a knife they cut the brownies into squares. And enjoyed eating them. After a time, they read the instructions on the Nestles chocolate chip morsels bag and, with my help, made chocolate chip cookies.

Baking cookies for my two boys didn't last long as they grew, they wanted to do other activities, like Star Trek Club for one son, and sports for the other. Today, I'm told that my son, the sports' guy, bakes all the cookies in the house. And he is Nina's father.

Please feel free to give us feedback on The Villager and/or submit an article for our semi-monthly publication. We would love to add to our writing staff!

Contact Us

Bay to Sound Neighbors

PO Box 1505

S. Dennis, MA 02660

508-470-0585

Baytosoundneighbors@gmail.com

www.Baytosoundneighbors.org